

Diversity-related Resources to Enhance Training and Education

Resources gathered by:
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APA's Education section on Diversity Issues

▶ **Website:**

<http://www.apa.org/pi/oema/g/pi/oema/www.apa.org/education/grad/diversity.aspx>

▶ **Information on:**

- ▶ **Sexuality & Gender**
- ▶ **Multiculturalism**
- ▶ **Disability Issues**

APA's Education section on Diversity Issues

▶ **Website:**

<http://www.apa.org/pi/oema/g/pi/oema/www.apa.org/education/grad/diversity.aspx>

▶ **Multiculturalism**

- ▶ *Guidelines for Multicultural Education, Training, Research, Practice and Organizational Change for Psychologists*
- ▶ *Recruiting Students of Color: Resources for Psychology Training Programs*
- ▶ *Resource Guide for Ethnic Minority Graduate Students*

APA Minority Fellowship Program

- ▶ Website: <http://www.apa.org/pi/mfp/psychology/index.aspx>
- ▶ Fellowships and Programs for doctoral students:
 - ▶ *Mental Health and Substance Abuse Services (MHSAS) Predoctoral Fellowship*
 - ▶ *Psychology Summer Institute (PSI)*

Useful APA Documents

- ▶ A Portrait of Success & Challenges (Progress Report: 1997-2005)
 - ▶ *The APA Commission on Ethnic Minority Recruitment, Retention, and Training in Psychology Task force Plan for Ethnic Minority Recruitment, Retention, and Training in Psychology Task Force (CEMRRAT2)*
 - ▶ PDF: <http://www.apa.org/pi/oema/resources/success-challenge.pdf>
- ▶ Model Strategies for Ethnic Minority Recruitment, Retention, and Training in Higher Education
 - ▶ PDF: <http://www.apa.org/pi/oema/programs/recruitment/model-strategies.pdf>
- ▶ Psychology Education and Training From Culture-Specific and Multicultural Perspectives: Cultural Issues and Recommendations
 - ▶ PDF: <http://www.apa.org/pi/oema/resources/education-training.pdf>

Useful APA Websites

- ▶ **Health Disparities Resources**

- ▶ Website: <http://www.apa.org/pi/health-disparities/resources/index.aspx>

- ▶ **Making Doctoral Program Lesbian & Bisexual Friendly/Welcoming (with specific recommendations for a non-heterosexist program)**

- ▶ Website: <http://www.apa.org/pi/lgbt/resources/friendly-program.aspx>

APA's Office of Ethnic Minority Affairs (OEMA)

- ▶ Website: <http://www.apa.org/pi/oema/>
- ▶ Multicultural Training Resources
 - ▶ Website: <http://www.apa.org/pi/oema/resources/multicultural-training.aspx>
- ▶ Grants:
 - ▶ CEMRRAT Implementation Grant Fund
 - ▶ Promoting Psychological Research and Training on Health Disparities Issues at Ethnic Minority Serving Institutions Grant
 - ▶ **Travel Grants for Students of Color in Psychology**
 - ▶ Suinn Minority Achievement Program Award

APA's Office of Ethnic Minority Affairs (OEMA)

- ▶ Website: <http://www.apa.org/pi/oema/>
- ▶ Publications as part of CEMRRAT's Recruitment, Retention, and Training series
 - ▶ Diversity and Accreditation
 - ▶ Website: <http://www.apa.org/pi/oema/resources/brochures/accreditation.aspx>
 - ▶ How to Recruit and Hire Ethnic Minority Faculty
 - ▶ Website: <http://www.apa.org/pi/oema/resources/brochures/how-to.aspx>
 - ▶ Valuing Diversity in Faculty: A Guide
 - ▶ Website: <http://www.apa.org/pi/oema/resources/brochures/valuing-diversity.aspx>

APA's Office of Ethnic Minority Affairs (OEMA)

- ▶ Website: <http://www.apa.org/pi/oema/>
- ▶ Committee on Ethnic Minority Affairs
 - ▶ Website: <http://www.apa.org/pi/oema/committee/index.aspx>
 - ▶ Jeffrey S. Tanaka Memorial Dissertation Award in Psychology
 - ▶ Website: <http://www.apa.org/about/awards/tanaka-award.aspx>

Ethnic Minority Psychological Associations & Sections

- ▶ Asian American Psychological Association
 - ▶ Website: <https://aapaonline.org/>
- ▶ Association of Black Psychologists
 - ▶ Website: <http://www.abpsi.org/>
- ▶ National Latina/o Psychological Association
 - ▶ Website: <http://www.nlpa.ws/>
- ▶ Society of Indian Psychologists
 - ▶ Website: <http://www.aiansip.org/>
- ▶ Society for the Psychological Study of Culture, Ethnicity, and Race (Div 45)
 - ▶ Website: <http://www.apa.org/about/division/div45.aspx>
- ▶ Clinical Psychology of Ethnic Minorities (Div 12)
 - ▶ Website: <http://www.div12.org/section-vi/>
- ▶ Health Psychology Diversity Council (Div 38)
 - ▶ Website: <https://societyforhealthpsychology.org/councils-committees/diversity-council/>

APA Public Interest Offices

- ▶ **Women's Programs Office**
 - ▶ Website: <http://www.apa.org/pi/women/index.aspx>
- ▶ **Socioeconomic Status Office**
 - ▶ Website: <http://www.apa.org/pi/ses/index.aspx>
- ▶ **Lesbian, Gay, Bisexual, and Transgender Concerns**
 - ▶ Website: <http://www.apa.org/pi/lgbt/index.aspx>
- ▶ **Disability Issues Office**
 - ▶ Website: <http://www.apa.org/pi/disability/index.aspx>
- ▶ **Office of Aging**
 - ▶ Website: <http://www.apa.org/pi/aging/index.aspx>
- ▶ **Office on AIDS**
 - ▶ Website: <http://www.apa.org/pi/aids/index.aspx>
- ▶ **Health Disparities Program**
 - ▶ Website: <http://www.apa.org/pi/health-disparities/index.aspx>

APAGS Diversity Resources

- ▶ APAGS provides resources for graduate students from some underrepresented backgrounds:
 - ▶ APAGS Resource Guide for Ethnic Minority Graduate Students (2010)
 - ▶ Resource Guide for Psychology Graduate Students with Disabilities (2011)
 - ▶ Proud and Prepared: A Guide for LGBT Students Navigating Graduate Training (2015)
 - ▶ Climate Guide for LGBT and Allied Students and Professionals (2010)

APAGS Resource Guide for Ethnic Minority Graduate Students (2010)

- ▶ Provides general suggestions for succeeding in graduate school
- ▶ Some information applies broadly to all graduate students, others are focused on unique challenges for ethnic minority students
 - ▶ Wellness and self-care
 - ▶ Research, teaching, clinical training, internship
 - ▶ Mentorship, professional development
 - ▶ Dealing with impostor syndrome
 - ▶ Racism and micro-aggressions
 - ▶ Promoting diversity and creating meaningful change

Resource Guide for Psychology Graduate Students with Disabilities (2011)

- ▶ Addresses “challenges unique to psychology students with disabilities as they embark on internship and career opportunities.”
 - ▶ Internship match process
 - ▶ Practicum and internship interviews
 - ▶ Finding employment after graduate school
 - ▶ Conflict resolution and self-advocacy
 - ▶ Mentoring

Proud and Prepared: A Guide for LGBT Students Navigating Graduate Training (2015)

- ▶ Suggestions, advice, and support written by a variety of LGBT psychology graduate students, including:
 - ▶ Assessing programs' climate of acceptance
 - ▶ Social support and mentorship
 - ▶ Self-disclosure
 - ▶ Tips for transgender/gender variant students
 - ▶ Advocacy and confronting discrimination
 - ▶ LGBT research
- Climate Guide for LGBT and Allied Students and Professionals (2010) provides additional information on assessing climate of acceptance in training programs, practicums, and work place

APAGS Diversity Resources and CUDCP

- ▶ Many students are not aware these resources exist
- ▶ DCTs and programs are encouraged to alert students of the resources and how to access them:
 - ▶ **apa.org/apags/resources**